



There's cold. And then there's subzero, frostbite cold. That's what we have

going on right now. And you'll hear over and over...if your going outside, dress in layers. But it goes well beyond that says Catchy Bryant with Mayo Clinic Health Systems in La Crosse.

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With temperatures dropping in Wisconsin, frostbite and hypothermia can happen quickly, and should be major concerns for anyone having to venture outside. After all, you can start getting frostbite within just minutes.