

Getting the word out about actual suicides and attempts took center stage in many states Tuesday.

John Roesler with the Minnesota Department of Health says suicide rates amongst young people has pretty much stayed even keel with last year's number. But.....

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Every Minnesota county has mental health crisis phone numbers that can be called to access over the- phone or in person support, including help from mobile crisis teams. Children and adult crisis services work collaboratively with specialized skills to best help children, youth, adults and seniors.