

Anybody who smokes and is NOT trying to quit appears to be in the minority these days...

The Centers for Disease Control tell us that about 55 per cent of adult smokers in America made an attempt to quit last year. Wisconsin smokers were slightly above the average, while Minnesota and Iowa saw about 50 per cent of their smokers make attempts to stop. La Crosse County health educator Judy Zabel says most adult smokers want to quit, and their efforts to give up tobacco are helping young people avoid smoking. Maryland has the highest percentage of smokers trying to break the habit...66 per cent.